



## Download the LifeWorks app

to feel supported and connected wherever you are!

With the innovative LifeWorks app, you'll have access to a confidential Employee Assistance Program (EAP) and well-being resource, whenever you need it, and from wherever you are.

What's more, the app acts like your digital wallet card so that you can chat with a LifeWorks expert with just a tap – any time, anywhere. You can also quickly and easily check well-being resources right on your phone!

### Download the LifeWorks app today and don't miss out!

1. Download the free app on Android or iOS – simply search for "LifeWorks".



2. Open the app and click on 'Log in' or choose 'Sign up' to create a personal account.

Username:

Password: